Relaxation

~Infomation~

To reserve the relaxation course, please use the intercom at the lockerroom or come to the desk on the 1st floor. Please offer cancellation and the change after the reservation early.

Oil lymphatic Massage -VESNA-

Hours 11:00 (holiday 10:30) \sim 23:00

Massage done entirely by hand useing natural oil. We relieve stress and raise natural healing power.

Body massage treatment

140min.···¥4,940 (the upper body or the chest massage)

②60min.…¥7,410 [the whole body massage]

③90min.…¥11,110

[the Whole body massage, long tiome treatment]



Facial treatment

①45min.···¥5,350

[Face-wash + decollete

- + face treatment
- + lotion mask
- +head massage
- + cream]

260min.···¥8,030

【45 minutes course

- + green tea or lavender pack
- + hand massage]



Body Care(Japanese style)

Hour 11:00 (holiday 10:30) \sim 4:00am

A gentle body massage to promote circulation and recovery from fatigue.

- Body Care
- ①20min. *** ** ¥2,000

[two points of your body massage]

- 240min. •••¥3,600 [the whole body massage]
- ⑤120min. •••¥10,290
- Foot Massage
- ①20min. •••••¥2,500

[Using oil, we massage from tip of a foot to knee.]

- Scalp care
- ①20min. •••••¥1,850
- ②40min. ••••••¥3.600

[20min.+massage neck & shoulder 20min.]

5F&3F Healing Spa

Hours 11:00 (holiday 10 : 00) \sim 8:00am \times 3rd Floor will close at 24:00

You can exprience a bedrock bath and the hot-air bath "Loyly" (Finnish steam bath sauna)

Price: ¥450(1day)-weekday ¥900(1day)/¥450(limited hours)-holiday **Adults only/towel and clothing included.





bedrock bath

2017.12.1

Chinese Foot Massage

Hours 11:00 (holiday 10 : 30) \sim 3 : 00am

Reflexology improves metabolism by stimulating acupressure points on the sole of the foot.

- **▲** (25min.) **【**Sole ankle**】 ···**¥2,920
- **B** (40min.)…4,320円
- **B-1** [sole + calf, knee massage]
- **B-2** [Acourse+Massage of a head, a shoulder, the neck]
- **C** (60min.) ···¥6,170
- C-1 [sole + calf, knee massage slowly and carefully]
- C-2 [B-1+Massage of a head, a shoulder, the neck]
- **D** (80分) 【Keratin removing care+**C-2**】 …8,000円
- Keratin care

20分···¥2,160

40分【+foot massage short course】…¥4,320

60分【+B-1 course】…¥6,170

Traditional Thai Massage

Hours 11:00 (holiday10:30) \sim 3:00am

Loosens the body by streching along energy lines , called "sen" in Thai.

The blood circulation is promoted.

It is effective for poor circulation and the stress.

- ①40min. •••••¥3,910
- ②60min. · · · · · ¥5,870
- The following courses massage a hope point chiefly.
- 4120min. •••• ¥10,800
- ●Head massage
- ①20min. •••••¥2,160



Hawaiian Resort Healing -Cantik-

Hours 11:00 (holiday 10:30) $\sim 22:30$

-Hawaiian Lomi Lomi -

Traditional Hawaiian massage. A treatment that works not only on your body but also your mana (life force).

- ●Lomi Lomi Body
- ①60min.…¥8,640
 [The basic course that works for the back remainder, fatigue]



- ②90min.…¥12,960 [The whole body + head massage]
- ③120 分 min.…¥15,660 【The whole body + head massage】
- Facial Treatment
- ①45 分 min.…¥5,940 【The basic course with cleansing + oil treatment + decollete 】
- 260min.···¥8,640 [Cleansing + oil treatment + decollete+ Gold Pack]
- ③Ultra Lift 60min.…¥10,800 [Pulse suction & ragiowave + EMS]
 - + Plasma introduction +Hand treatment]

In the treatment, We do not use the machine. in face-wash using the high sesame of the antioxidant action and the hand treatment.

The machine is liquid cosmetics introduction, exercise, light energy of the facial striated muscle, and activation of the skin is effective.

set course

- ①KAU | Course (120min.) ···¥17,280→¥16,200
 - \sim body & faicial \sim

[Lomilomi Body (60min.)+Facial(60min.)]

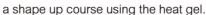
②ALOHA Course (140min.) ···¥20,500→¥19,440

 \sim body & faicial& head spa \sim

[Lomilomi Body (60min.)+Facial(60min.)+Head spa(20min.)]

Shape up

It is cavitation decreasing a cell light and





- ①40min. 【1 part of the body】 …¥6,480 【Cavitation.20min.+massage.20min.】
- ②70min. 【2 parts of the body】 …¥9,180 【Cavitation.30min.+massage.20min.+heat gel】
- ③90min. 【the whole body】…¥14,580 【Cavitation.40min.+massage.30min.+heat gel】

Option [20min.] ···¥3,240 [Cavitation or Suction&radiowave·LED]

Head Spa

We rub a scalp with the cream of the nature material. It is recommended toward the neck, stiff shoulder. In addition, keeping a scalp and hair healthy.

- 130min.···¥4,860
 [Massage your head and neck using the cream]
- 245min.···¥6,480 (① + shoulder, back, arm using the oil)



Ear cleaning

- 110min.···¥1,080
- ②30min.…¥3,240

[Ear cleaning + push the pot of a head and the face]

Foot Care -

130min.···¥4,860 [Keratin care and faicial pack]

Massage pot of the face

10min...¥1,080 [It is effective for a small face, swelling, a wrinkle, a stain]



Korean Body Scrub

Hours 11:00 (holiday 10:00) $\sim 2:00$ am

Removes toxins from the skins, maiking skin smooth and moist. Helps improve blood flow through a massages that apply a moderate amount of stimulus.

- ① A(25min.)····¥3,400
- ~The basic course ~

[body scrub + Shampoo treatment]

- ② B(45min.)···¥5,660
- \sim The course with Lymph care \sim [A+Lymph care+face-wash]
- ③ C(60min.)···¥8,740



- ~The course with Lymph care and massage~

 [B+Shiatsu using the hot towel+faicial massage]
- 4 D(80min.)···¥11,320
- ~The course with lymph care, massage, keratin care~ [C+facial collagen mask+keratin care]
- ©Relaxation Course (no scrub)
- ⑤-1.HeadSpa(25min.)···¥3,400 [Head spa+shanpoo
 - +massage of a neck and the shoulder]
- ⑤-2.Lymph care(60分)…7,720円 [Lymph care +facial oil treatment or head spa]
- ⊚Topping (no scrub)
- ⑥-1.Foot Care(15min.)···¥1,650 [Keratin care]
- ⑥-2.Facial Care(15min.)···¥1,650【Facial collagen mask】

2017.12.1